## CRYFROM THE CROSS



Prayerfully reflect on the last words of Jesus from the cross.

"And Jesus said, 'Father, forgive them; for they know not what they do.' And they cast lots to divide his garments." (Luke 23:34)

'My God, my God, why hast thou forsaken me?'"(Matthew 27:46)
Are there times in my life that I feel like God is not there? How can I overcome these feelings with the truth that He never leaves my side?
"After this Jesus, knowing that all was now finished, said (to fulfill the scripture), 'I thirst." (John 19:28)
What do I desire in my life? Do I find true fulfillment and happiness in them? Why or why not?
"When Jesus had received the vinegar, He said, 'It is finished'; and He bowed his head and gave up His spirit." (John 19:30)
What do you think Jesus meant? What did He finish? How did this moment change the world forever?
"Then Jesus, crying with a loud voice, said, 'Father, into thy hands I commit my spirit!' And having said this He breathed His last." (Luke 23:46)
What things in my life do I struggle with giving over to God? What can I do to trust in Him more?

"And about the ninth hour Jesus cried with a loud voice, 'Eli, Eli, la'ma sabach-tha'ni?' that is,