

CONFIRMATION SESSION: FOUNDATION

CONTENT OVERVIEW

Have you ever been on a guided tour of a historical landmark? Maybe it was at a war memorial in Washington, D.C. or an immense cathedral in the United States or abroad. Maybe it was a site particular to your home city or state. If you have had this experience, you know that there is a big difference between touring the place on your own and touring the place with an experienced and knowledgeable tour guide. Walking around alone, you are liable to miss important details about but with a guide, you are given unique details about the place and specific events that took place there. A guided tour gives us more insight and provides specific information about the place we are visiting.

We are on a journey, one that is unfinished and will hopefully lead us to heaven. Alone on this journey, we would struggle. Luckily, we have the Church as our guide. Just like tour guides tell people about a landmark, the Church exists to evangelize and lead people to heaven. Jesus established the Church. He gave the Church authority, so she can be our tour guide as we journey toward heaven. Jesus entrusted Peter, our first pope, to oversee the Church. He promised never to leave the Church, so He sent the Holy Spirit to guide the Church and remind us what He taught.

With that, the Church has a mission to make disciples of all nations. This mission, given to us by Jesus Himself, is fulfilled by bringing Christ into the world. The most tangible way the Church makes Christ present in the world is through the sacraments, which are efficacious signs of grace by which divine life is dispensed to us through the work of the Holy Spirit. We need the Church, as we cannot walk this journey alone. We need the Church to guide us, sustain us, pick us up when we fall, and put us on the right path toward heaven.

CONVERSATION STARTERS

1. How do you view the Church? Have you ever struggled with any beliefs of the Church or with why the Church exists?
2. What does it mean to you that you are part of the Body of Christ, the Church?
3. How do you live out the missionary mandate of the Church to make disciples of all nations? How can we live out this mission as a family?