

## **CONFIRMATION SESSION: TRANSFORMATION**

### **CONTENT OVERVIEW**

Have you ever watched TV very late at night or early in the morning? Flipping through the channels, you find infomercial after infomercial. And, for some strange reason, we are drawn to them. Perhaps because there is nothing else on TV or because we need that knife that can effortlessly cut through a soda can, we remain glued to the TV. More than the actual product that is being sold, it is the message of the overly scripted, enthusiastic salesperson that captures our attention. After all, why would they want to lead us astray? Ultimately, it is their enthusiastic message and belief in the product they are endorsing that convinces us to order the product.

The disciples in the early Church had a similar task, except they were not selling a product. Instead, they were offering something — a life in Christ — that would change people's lives forever. But the disciples all had something in common: They all had some type of transformation because of Jesus. Some of them, like Peter, had a personal relationship with Jesus and were present when He took up His cross, rose from the dead, and ascended into heaven. Others, like Paul, never met the physical person of Jesus. Regardless, they were all transformed by Jesus' life, death, and Resurrection, so much so that they found they only had one option: to boldly proclaim this message to the world with passion, enthusiasm, and conviction.

The disciples were only able to do this, though, through the power of the Holy Spirit, which they received on Pentecost. The Holy Spirit strengthened them to speak with boldness and conviction, as they brought the message of Christ to the world. For many in the early Church, this mission would eventually lead to their death, but the fear of death did not stop them. This same mission — to share the Gospel with the world — is given to each of us. When our hearts are transformed by the love and life of Christ, we too are led by the Holy Spirit to share this message, by our words and actions, with the world.

### **CONVERSATION STARTERS**

1. How has your life changed since your encounter with Jesus? What led to your transformation?
2. Do you boldly proclaim the Gospel to others? Why or why not?
3. Is there a particular disciple of the early Church who can serve as a model for our family for how to proclaim the Gospel boldly and with conviction?